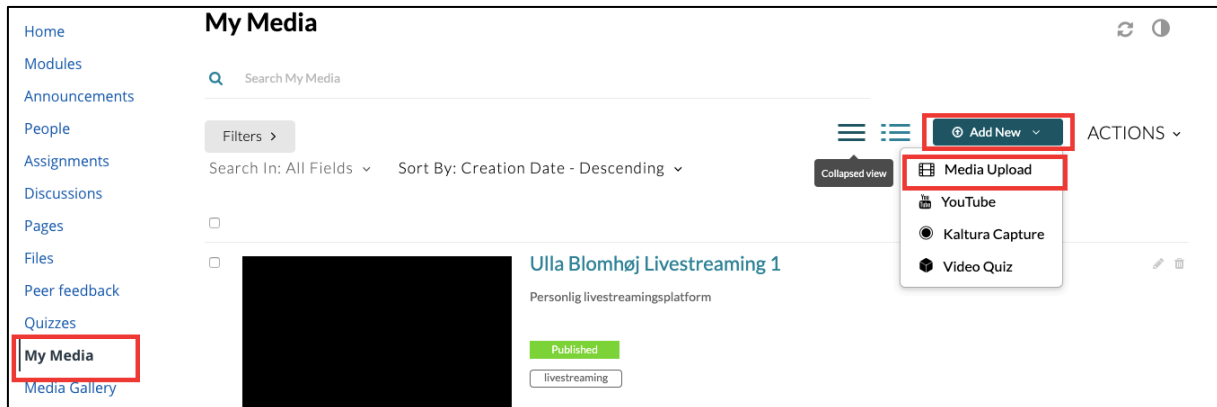## Guide - How to upload a media in Absalon and share with your students

Go to **My media**, **Add New** and **Media Upload**
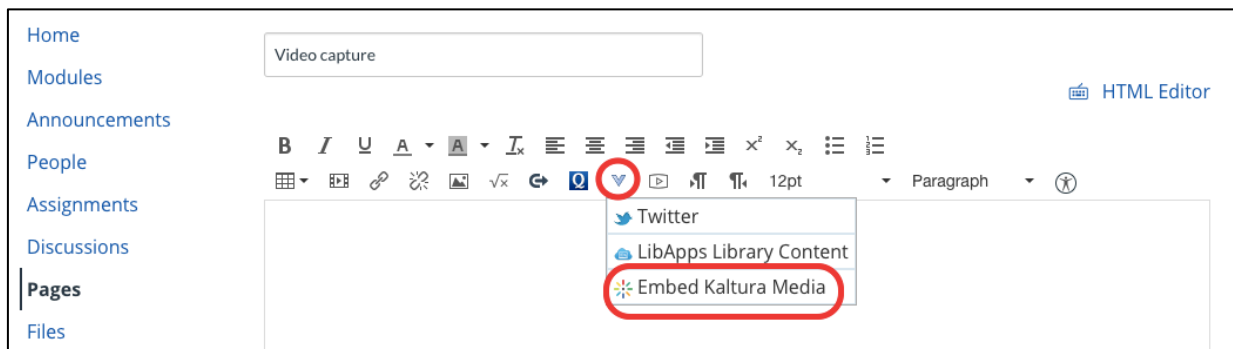

Option 1 – share video on a page
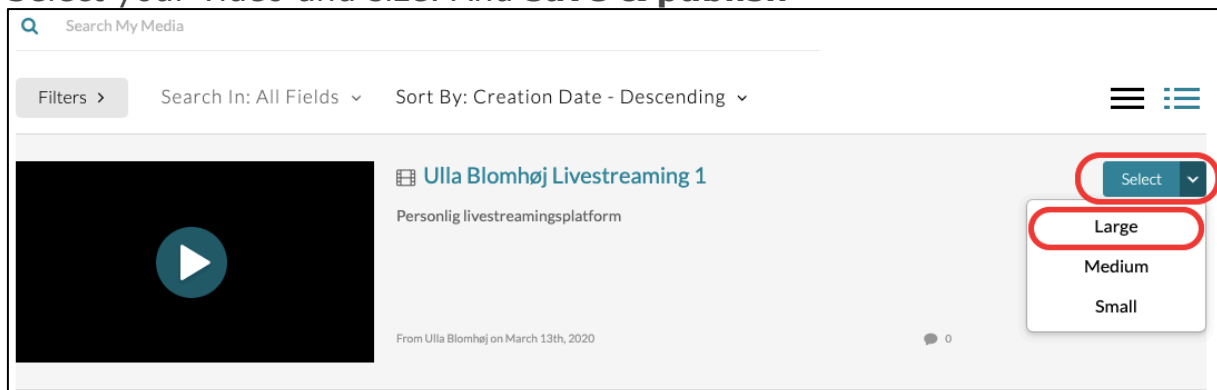
Add a new page and click **edit.**

Click the blue arrow and **Embed Kaltura Media**

Select your video and size. And **save & publish**

Option 2 – share media in Media Gallery

Go to **Media Gallery** and click **Add Media**

Choose your video and click **Publish**